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Guide To COSHH

(Control of substances hazardous to health)

Under the Control of Substances Hazardous to Health Regulations (COSHH), all persons at work need to know the safety precautions to take so as not to endanger themselves or others through exposure to substances hazardous to health.

Below are general classifications of the appropriate symbols and safety precautions shown on labels.

CLP Symbol	Explanation	Example of Precautionary Statements
	May cause respiratory irritation. May cause drowsiness or dizziness. May cause an allergic skin reaction. Causes serious eye irritation. Causes skin irritation. Harmful if swallowed. Harmful in contact with skin. Harmful if inhaled. Harms public health and the environment by destroying ozone in the upper atmosphere	Avoid breathing dust/fume/gas/mist/vapours/spray Use only outdoors or in a well-ventilated area If inhaled: remove victim to fresh air and keep at rest in a position comfortable for breathing If swallowed: call a poison centre or a doctor/physician if you feel unwell Wear protective gloves/protective clothing/eye protection/face protection. If on skin: wash with plenty of soap and water If in eyes: rinse cautiously with water for several minutes. Remove contact lens, if present and easy to do. Continue rinsing. Do not eat, drink or smoke when using this product.
	May be corrosive to metals Causes severe skin burns and eye damage	Do not breathe mist or fumes Wash thoroughly after handling Wear protective gloves/protective clothing/eye protection/face protection Store locked up Keep only in original container
	Fatal if swallowed Fatal in contact with skin Fatal if inhaled Toxic if swallowed Toxic in contact with skin Toxic if inhaled	Wash thoroughly after handling. Do not eat, drink or smoke when using this product. If swallowed: immediately call a poison centre or a doctor/physician. Rinse mouth If on skin: gently wash with plenty of soap and water If inhaled: Remove victim to fresh air and keep at rest in a position comfortable for breathing Store in a closed container. Store locked up Do not get in eyes, on skin, or on clothing. Wear protective gloves/protective clothing/eye protection/face protection. Take off immediately all contaminated clothing. Wash contaminated clothing. Do not breathe dust/fume/gas/mist/vapours/spray. Use only outdoors or in a well-ventilated area Wear respiratory protection
	May be fatal if swallowed and enters airways Causes damage to organs May cause damage to organs May damage fertility or the unborn child Suspected of damaging fertility or the unborn child May cause cancer Suspected of causing cancer May cause genetic defects Suspected of causing genetic defects May cause allergy or asthma symptoms or breathing difficulties if inhaled	If swallowed: immediately call a poison centre or a doctor/physician. Do NOT induce vomiting If exposed: Call a poison centre or doctor/physician. Get medical attention if you feel unwell If inhaled: If breathing is difficult, remove victim to fresh air and keep at rest in a position comfortable for breathing Store locked up Do not breathe mist or fumes. In case of inadequate ventilation wear respiratory protection Wash thoroughly after handling. Do not eat, drink or smoke when using this product. Obtain special instructions before use Do not handle until all safety precautions have been read and understood Use personal protective equipment as required
	Extremely flammable gas Flammable gas Extremely flammable aerosol Flammable aerosol Highly flammable liquid and vapour Flammable liquid and vapour Flammable solid	Do not spray on an open flame or other ignition source. Keep away from heat/sparks/open flames/hot surfaces – No smoking Keep container tightly closed Keep cool Protect from sunlight
	Very toxic to aquatic life with long lasting effects Toxic to aquatic life with long lasting effects	Avoid release to the environment Collect spillage
	May cause or intensify fire; oxidiser. May cause fire or explosion; strong oxidiser.	Keep away from heat/sparks/open flames/hot surfaces. – No smoking Wear protective gloves/protective clothing/eye protection/face protection. Rinse immediately contaminated clothing and skin

SOURCE: www.echa.europa.eu

